

**WHAT IS CLAIMED IS:**

1. A disposable sanitary seat cover, comprising:
  - a first sheet of material having a front side and a back side, the sheet defining a seat portion, wherein the sheet includes a predefined removable section that may be separated from the sheet; and
  - 5 wherein the seat portion comprises at least one passage, wherein the passage is adapted to permit a restraining device to pass through the first sheet.
2. The disposable sanitary seat cover of claim 1, comprising a means for securing the cover to an underlying seat structure.
- 10 3. The disposable sanitary seat cover of claim 1, comprising an adhesive strip secured to the back side of the first sheet of material.
4. The disposable sanitary seat cover of claim 1, wherein the seat portion comprises a third passage and a fourth passage, wherein the third and fourth 15 passages are adapted to permit a child's legs to pass through the first sheet.
5. The disposable sanitary cover of claim 1, wherein said at least one passage comprises a first passage and a second passage, wherein the first and second passages are adapted to permit the restraining device to pass through the first sheet.
- 20 6. The disposable sanitary cover of claim 1, wherein the restraining device is a seat belt for a shopping cart.
7. The disposable sanitary cover of claim 1, wherein the restraining device secures the cover to a high chair.
8. A disposable sanitary seat cover, comprising:
  - 25 a first sheet of material having a front side and a back side, the sheet defining a seat portion, wherein the sheet includes a predefined removable section that may be separated from the sheet; and

wherein the seat portion comprises a first perforated area and a second perforated area, and wherein the first and second perforated areas, when torn, permit a restraining device to pass through the first sheet.

9. The disposable sanitary seat cover of claim 8, comprising an adhesive strip secured to the back side of the first sheet of material.
10. The disposable sanitary seat cover of claim 8, wherein the first and second perforated areas each form a line.
11. The disposable sanitary seat cover of claim 8, wherein the first and second perforated areas each form a cross.
- 10 12. The disposable sanitary seat cover of claim 8, wherein the seat portion comprises a third perforated area and a fourth perforated area, and wherein the third and fourth perforated areas, when torn, permit a child's legs to pass through the first sheet.